

Three Forts Challenge

Cissbury Ring

Devil's Dyke

Chanctonbury Ring

Run 'The Tough One'!

27 miles of mixed terrain with climbs of 3450 feet

Online entry - www.threefortschallenge.org.uk

Entry Closing on 24th April 2017



- Fully Marshalled
- Chip Timing
- 11 Aid Stations
- St John Ambulance
- Showers and changing facilities
- Medals for all finishers
- Free Parking
- Refreshments available
- Post race massage available

Entry Fees

Marathon and Half Marathon

£28.00

Entry Fee will increase to £30.00 for entries received after 1st March 2017.

Sunday 30th April 2017 at 10:00am

Rotary Playing Fields, Hill Barn Lane, Worthing, BN14 9QD

Full details and race reviews on www.threefortschallenge.org.uk

Three Forts Challenge

REGISTRATION FORM

“go the extra mile”

PLEASE COMPLETE CLEARLY IN BLOCK CAPITALS.

Title (please circle) Dr / Mr / Mrs / Ms / Miss

Date of Birth (minimum age 18) Male / Female

Name.....

Email address (for acknowledgement)
.....

Address.....

Postcode..... Tel no.....

Name of Club.....

I would like to enter (please tick relevant box)

Marathon £28.00

Half Marathon £28.00

Entry Fee will increase to £30.00 for entries received after 1st March 2017. Closing date for entries is 24th April 2017

The main beneficiary of the race is Ferring Country Centre. If you would like more information, please contact Tel: (01903) 245078 or Email: office@ferringcountrycentre.org

I enclose a cheque for £.....please make cheques payable to ‘Three Forts Challenge’.
We acknowledge by e-mail. If not on e-mail, enclose a SAE with your form and fee.

I am unable to take part this year but would like to make a donation to support Ferring Country Centre.

Donation enclosed for £..... Cheques payable to ‘Ferring Country Centre Limited’.

If you are a UK taxpayer, make your donation worth nearly a third more at no extra cost to you. The Government Gift Aid Scheme allows us to reclaim the income tax (or capital gains tax) you have paid on your donation. Just sign and date below. **Thank you.**

Signed Date

Return registration form and entry fee, if applicable, to:

Peter Firth, Entries Secretary
18 Bowmans Close, Steyning
West Sussex, BN44 3SR
e-mail: entry@threefortschallenge.org.uk

Further event information is available from:

Mike Airey, Race Director
Tel: 01273 857985
e-mail: director@threefortschallenge.org.uk or
visit www.threefortschallenge.org.uk

TERMS AND CONDITIONS OF ENTRY

All routes must be completed within 6 hours. All entrants must be fit to take part and, if necessary, should seek advice from their GP. Both courses are multi-terrain and involve steep climbs. Entrants must take care when crossing roads and follow all safety instructions. Marshalling assistance may be given. Whilst every care is taken, entrants cannot hold the organisers or landowners responsible for their safety or the safety of their belongings. All entrants must show consideration for other users of the public footpath and rights of way. All entrants must be aged 18 or over on the race day. Entry fees are non-refundable.
Headphones are not permitted for safety reasons when on public roads, in accordance with UKA Rule 240 S 5.

The organisers reserve the right to withdraw entrants from the event and anyone that continues does so at their own risk.

No dogs will be permitted to run the course with runners.
Early registration is recommended, as there will be no entry on the day.

I understand and agree to the terms and conditions of entry.

Signed.....
Date.....

Your details will be held on Three Forts Challenge database and not made available to third parties. If you do not wish to receive details of future events and race information, please tick the box.



Organised by:
Rotary Club of Worthing
Registered Charity
Number 200629

